

Your Family Health Care Pharmacy®



Clean & Clear or Neutrogena
Acne Care Products
Selected Types and Sizes

25% OFF
regular retail



Crest
Pro-Health Toothpaste 95mL,
Advanced Mouthwash 500mL or
Oral-B
CrossAction Toothbrush
Selected Types

3⁹⁹ ea.



Benylin
Cough Syrup
100mL or
Cold & Sinus
Tablets 20's-24's

5⁴⁹ ea.



TENA
Briefs, Underwear or Pads
14's-60's
Assorted Types and Sizes

16⁹⁹ pkg



Ricola
Herbal Cough Drops
54g-75g

2 for \$5



Gaviscon
FoamTabs
60's-100's or
Fruit or Mint
Liquid 600mL

10⁹⁹ ea.

SUPER SAVINGS



Preferred
Calcium 500mg
Caplets 100's

THIS MONTH
4⁹⁹ ea.



Ensure
6x235mL,
Glucerna
6x237mL or Bars 6x40g or
PediaSure
4x235mL
Selected Meal Replacements

THIS MONTH
10⁹⁹ ea.



Otrivin
Nasal Wash
100mL

THIS MONTH
8⁹⁹ ea.



Preferred
Ibuprofen 400mg
Caplets 72's

THIS MONTH
5⁹⁹ ea.

Prices in effect from Friday, September 30th to Thursday, November 3rd, 2016

helping *you* live better.



Flu Prevention

Winter will soon be here and with that comes flu season. Influenza – or the flu – can include symptoms such as fever, cough, sore throat, runny or stuffy nose, mild to severe body aches, and headache. While the flu can be serious even in people that are otherwise healthy, it can be especially harmful for young children and people who have long term health conditions.

The flu is an airborne virus and can also be transmitted by touching infected surfaces

or objects, and then touching your mouth or nose.

The Flu Vaccine

The flu vaccine is safe and is the most effective way to protect you and your family from the flu. Studies have found that the flu vaccine can prevent up to 80% of influenza in healthy adults and children. It is now available as a shot or a nasal spray.

Flu Prevention Tips

1. Get your flu vaccination earlier in the season. It takes a couple weeks to achieve full immunity. Specialized pharmacists can administer the flu vaccine at the pharmacy.
2. Wash hands often with soap and water. If soap and water are not available, use an alcohol-based hand sanitizer.
3. Stay away from people who are sick. If you are sick with flu-like symptoms, stay home. If your child is sick, try to keep him or her in a separate room from others in the household.
4. Contain your coughs and sneezes. Cover your mouth, and nose with a tissue and throw the tissue in the trash after you use it. No tissue handy? Cough or sneeze into your elbow to keep the virus from spreading through the air and other surfaces.
5. Limit the spread of germs. Avoid touching your eyes, nose, and mouth. Keep surfaces like tables, toys, and countertops clean by wiping them down with household disinfectant.

What To Do If You've Got the Flu

If you do get the flu, call your pharmacist about medications you can take to relieve the symptoms. As well, take steps to decrease spreading the flu to others and get some rest.

Your Pharmacist is a great source for flu vaccine information, as well as information about prescription, non-prescription and herbal medications.

Aviva. The choice is simple.



People living with diabetes can rely on:

- Ready-to-use meter with proven accuracy
- Quick and comfortable lancing device
- Easy-to-test strips

Experience what's possible.

Speak to your pharmacist today to get your FREE* Accu-Chek Aviva meter.

*With the purchase of Accu-Chek Aviva only. ACCU-CHEK and ACCU-CHEK AVIVA are trademarks of Roche. © 2014 Roche Diagnostics. Code: ACCU-CHEK-AVIVA

ACCU-CHEK®

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Webber Naturals

B12 or B50 Complex
Tablets or Capsules
60's-120's
Selected Types

8⁹⁹
ea.



Pure Protein
Bars
Value Pack 6x50g
Assorted flavours

7⁹⁹
ea.



Senokot
Natural Source Laxative
Tablets 100's or
Senokot•S
Tablets 60's

10⁹⁹
ea.



ZzzQuil
Sleep Aid
Liquid Capsules 36's

11⁹⁹
ea.



Preferred
Extra Strength
Acetaminophen 500mg
Easy To Swallow
Tablets 100's

3⁹⁹
ea.



Keri or
Vaseline
Body Lotion
295mL-443mL
Selected Types

5⁹⁹
ea.



Lipactin
Gel 3g

6⁹⁹
ea.

Hurry in for **Wicked SAVINGS**



Axe
Deodorant or
Anti-Perspirant
76g-85g or
Body Spray 113g
Selected Types

4.99
ea.



G•U•M
Toothbrush or Floss
Selected Types and Sizes

1.29
ea.



Aveeno
Body Wash
354mL
Selected Types

6.99
ea.



pHidorm
Skin Care
Products
Selected Types and
Sizes

20% OFF
REGULAR PRICE



**Noxzema,
Pond's or
Simple**
Skin Care
Products
Selected Types and
Sizes

7.99
ea.



Canesten
Vaginal Cream
1, 3 or 6-Day
Treatments

14.99
ea.



The Diva Cup
Model 1 or 2

29.99
ea.



Opti-Free
Replenish 300mL or
Express 355mL
Contact Solution

8.99
ea.



Visine
Multi-Symptom
or Advance
Eye Drops 15mL
Selected Types

5.99
ea.



First Response
Early Response
Pregnancy Test
2 Tests

16.99
ea.



Hugo
Offset or Derby
Canes
Assorted Colours

22.99
ea.

HOUSEHOLD SPECIALS



Band-Aid
Bandages
10's-60's
Selected Types

THIS MONTH
4.49
ea.



Polysporin
Antibiotic
Ointment or Cream 30g
Selected Types

THIS MONTH
10.99
ea.



Gold Bond
Foot Powder
Spray
198g-283g

THIS MONTH
7.99
ea.



Hugo
Folding Walker

THIS MONTH
99.99
ea.

helping you live better.

Your Family Health Care Pharmacy®

SUPER SAVINGS



Nicorette
Gum
2mg or 4mg
100's-105's,
QuickMist
or Inhaler
10mg 42's

THIS MONTH
34⁹⁹
ea.



Jamieson Natural Sources
Antacid
Gummies 100's
Natural Orange
Flavour

THIS MONTH
9⁹⁹
ea.



Preferred
Anti-Nausea Motion Sickness
Dimenhydrinate 50mg Tablets 30's

THIS MONTH
2⁹⁹
ea.



Bio-K or Bio-K Plus
Probiotic Capsules 15's
Selected Types

THIS MONTH
20% OFF
regular price



Salonpas
Patches 40's

THIS MONTH
4⁹⁹
ea.



Breathe Right
Nasal Strips 26's-30's

THIS MONTH
16⁹⁹
ea.

We're in your neighbourhood...

All taxes will be added where applicable. Due to space limitations, not all items available in all locations. Stores reserve the right to limit quantities. Text prevails when photo does not correspond to description of advertised items. Where advertisement indicates "assorted" or "selected", all items may not be available. Bonus sizes may not be available in all locations. Products/prices subject to change without notice. ©Registered trademark of McKesson Canada Corporation. Used under licence.

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